



COOK ISLANDS PACIFIC PARADISE Including Aitutaki Day Tour

12 - 20 NOVEMBER 2026
Ex Brisbane

Discover the untouched beauty, culture and charm of the Cook Islands...matched only by the friendliness of her people. This fully inclusive escorted tour offers exceptional value for money with the most authentic experiences available in the magical Cooks! Including the spectacular day trip over to Aitutaki! Secure your place now or please call us for more information.

\$5,845*
per person twin share
ex BNE

\$1,395**
Single Supplement



<p>INCLUSIONS</p> <p>Return flight/taxes from Brisbane to Rarotonga with Jetstar 7 night's accommodation at Edgewater Resort & Spa Early check-in upon arrival All touring as per the itinerary Meals as per itinerary Entries and attractions as per itinerary</p>	<p>HIGHLIGHTS</p> <p>Aitutaki Day Tour Punanga Nui Markets Island Discovery tour Polynesian Island Night & Show Te Ara Museum Koka Lagoon Cruise Progressive Dinner Highland Paradise Rarotonga Brewery</p>	<p>BOOK YOUR TRAVEL INSURANCE WITH UPLIFT TOURS & TRAVEL & RECEIVE A 15% DISCOUNT</p>
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TERMS & CONDITIONS: *All prices quoted are per person twin share. ** Single supplement applies. Credit card surcharges apply. A non-refundable deposit of \$500 per person is required at time of booking to secure tour. Final non-refundable payment is due to our office on/before 28 August 2026. All bookings are subject to availability and price confirmation at the time of booking. The itinerary may be subject to change if beyond our control or that of the suppliers. Whilst every effort is made to adhere to the itinerary as provided, Uplift Tours & Travel reserves the right to alter the touring and attractions as dictated by circumstances and conditions outside the company's control. Alterations may be made to ensure the smooth running of the tour. Every attempt will be made to ensure alterations do not adversely affect the operation of the tour. Uplift Tours & Travel will not be held responsible for weather-based cancellations or those closures made under the venue's discretion. Tour is subject to minimum numbers. Price may be subject to change until paid in full if airlines have any tax increases. Prices are correct as at 16 February 2026. Travel insurance is essential. Bantoft Enterprises Pty Ltd ATF Bantoft Family Trust trading as Norfolk Select Marketing, All About Travel, Go See Touring, Uplift Tours. ABN: 86 497 126 690 ATAS Accreditation No: A10619 IATA 0235976-6

Day 1	Thursday 12 November 2026	Depart Brisbane / Arrive Rarotonga	[B/D]
<p>Today we meet at the Brisbane International Airport at 7:00pm for our Jetstar flight JQ105 to Rarotonga, departing at 10:00pm. After arriving in 'Raro', we will transfer to the Edgewater Resort and Spa, our home for the week. <i>(Please note: as our flight crosses the International Date Line, we will technically be arriving at our destination before leaving Australia!).</i> Once you have settled in, you may wish to enjoy some breakfast in the restaurant. (Open until 10:00am). The day will be at leisure, before we have our personal resort orientation at 4:00pm. Meet at Mal's Bar at 5.00pm for happy hour drinks (at own expense), followed by dinner in-house. (Drinks are at own expense).</p> <p>Hotel: Edgewater Resort & Spa (Garden Superior Rooms) – Phone: 0011 682 254 35</p>			
Day 2	Friday 13 November 2026	Island Discovery Tour / Local Primary School / Rarotonga Brewery	[B/D]
<p>After breakfast we embark on our Island Discovery Tour. This is an excellent introduction to the Cook Islands, and provides information on the country's history and culture, stopping along the way at fascinating historical and ceremonial sites. Light refreshments included on tour. Next, for something special, we visit the local primary school. Here we have the opportunity to mingle with the school children who are known for their friendly smiling faces and wonderful curiosity of meeting people from other countries! If you wish, feel free to bring educational material for the children, such as pens, pencils, erasers, colouring in books, etc. Later, we journey to the Rarotonga Brewery for our tour! In the Cook Islands, beer is their passion and they want to share that with us. We indulge in a taster from the bar and take a walk through the brewery to see where all the magic happens. Their master brewer will take us for a tailor made tour around their equipment and show us how their famous Cook Islands Lager is produced. We then return to our hotel for the remainder of the afternoon. Dinner is in-house this evening.</p>			
Day 3	Saturday 14 November 2026	Punanga Nui Markets / Polynesian Island Night & Show	[B/D]
<p>It's market day in Raro! Today visit Rarotonga's colourful Punanga Nui Markets, which offers a wide range of island gifts and handicrafts, black pearls, pearl shell, jewellery, pareu fabrics, clothing, local music and fresh local produce. After the markets, we return back to the hotel for an afternoon at leisure. Tonight enjoy the fantastic in-house Polynesian Island Night & Show, including a sumptuous feast!</p>			
Day 4	Sunday 15 November 2026	Cook Islands Christian Church / Te Ara Museum	[B/D]
<p>Sunday is church day, when everything stops in Raro. We travel south to the village of Titikavaka to attend a church service at their Cook Islands Christian Church. Here we'll enjoy a wonderful experience! Hear the locals raise the roof with their renowned beautiful, spine-tingling singing! After the service, we join church members for a morning tea. Next we visit the Te Ara Museum, where we will see the world-class exhibition of the history of the Cook Islands with an environmental focus on ocean conservation. Later return to our resort for the remainder of the afternoon at leisure. Tonight, we indulge in a BBQ under the stars.</p>			
Day 5	Monday 16 November 2026	Koka Lagoon Cruise / Progressive Dinner	[B/L/D]
<p>This morning is a very special treat in store! We join "Koka Lagoon Cruise" on the world-famous Muri Lagoon. This is undoubtedly the best way to discover the magnificent protected lagoon of Rarotonga. Join the fun, professional crew on board a glass bottom boat and cruise around the world-renown Muri Lagoon to the inner reef area to view the varieties of tropical marine life. If you wish to swim, wear your bathers underneath your clothes today, and pack your hat, sunscreen and towel! A sumptuous BBQ lunch is provided, with lots of fun guaranteed today! We then return to our hotel for the remainder of the afternoon. Tonight, we enjoy a special Progressive Dinner, where we will visit some local homes. We leave the familiar surrounds of our resort and venture out to the villages to experience true Cook Islands cuisine, hospitality and the real spirit of culture and lifestyle when you visit the locals in their homes! This 4-hour wine and dining experience takes visitors through three island style homes where you feel the magic of meeting 3-4 generations under one roof. Revel in the stories of old, and the dreams and aspirations of Cook Islanders as they map out their young lives.</p>			
Day 6	Tuesday 17 November 2026	Aitutaki Day Tour	[B/L/D]
<p>This morning after a very early breakfast, we depart for our Aitutaki Day Tour. This is a full day excursion that features one of the most beautiful lagoons in the world. It's an early start of 7am, where we will be transferred to the airport for the short 45-minute flight across to Aitutaki. After landing, we will be met by our guide and taken on a tour of the island, visiting the main township of Arutanga, the marketplace and the inland villages of Tautu and Vaipae. Then it's on to the pier to board our 21-metre catamaran. The slow cruise across the lagoon to the top reef will take us past many of the offshore motus and sandbars that are permanently raised above the high tide mark. A beautiful BBQ lunch is included. We return back to the hotel briefly for time to freshen up, before we enjoy 'A Taste of Italy' at the Spaghetti House.</p>			
Day 7	Wednesday 18 November 2026	Highland Paradise	[B/L/D]
<p>This morning we visit the very special Highland Paradise, situated high up in the rugged volcanic and beautiful mountains of Rarotonga. This fascinating "open air museum" boasts spectacular views and showcases evidence of a historical lost village and survival of the Polynesian people. This is a truly authentic experience situated on Raro's most sacred mountain! Learn about the intellectual know-how of the early signs of astrology to the barbaric rocks of sacrifice, including the navigational stones used to guide the 'vakas' to Aotearoa (<i>New Zealand</i>). Meander through the gardens with our guide, who points out medicinal and ritual plants. Light refreshments provided for lunch before returning to our resort. We return to the hotel for an afternoon of leisure, with time to freshen up before we depart for our delicious farewell dinner at The Anchorage.</p>			
Day 8	Thursday 19 November 2026	Depart Rarotonga	[B]
<p>Enjoy your breakfast box very early in your room this morning, before an early transfer to the airport. Our Jetstar flight JQ104 departs this morning at 9:00am. <i>(Please note: your flight crosses back over the International Date Line to return to Australia).</i></p>			
Day 9	Friday 20 November 2026	Arrive Brisbane	
<p>We arrive into Brisbane at 1:25pm, where we will collect our luggage and clear security and immigration, taking with us many fond memories of our time in the magical Cook Islands! It is here where we say "Aere Ra e Kia Manuia" until you grace the shores of the beautiful Cook Islands again!!! We make our way home after our holiday in Rarotonga.</p>			

KEY: B = Breakfast, L = Lunch, D = Dinner

